



# **TEN YEARS'**

## ***REST***

*Do you ever long for rest? And quiet?*  
Do you ever seek time free from making a living in which to make a life? In an ordinary life-span of seventy years would you gladly welcome ten whole years set free from toil?

The fact is man needs a Sabbath Day. God the Father gave us the Day; and when He gave it He blessed and sanctified it. What God has blessed is the source of man's greatest blessing.

And God the Son – Who came down to do the works that He had seen the Father do – showed us just how to get the blessing from this blessed Day. He came and re-declared the

Moral Law of God. He cleansed this precious Day from the traditions of the Pharisees; made it again the Day of Joy that it was always meant to be; enriched it with worship, and rest, and unselfish service to others. He re-presented it to men – the twice-given gift of Divine love. The Queen of Days, described so beautifully by George Gissing as “the most priceless boon that ever came to heavy-laden mortals, the Day of God and man.”

*Have you ever faced what the loss of this Day might mean?* This Day is a bulwark of Righteousness, a barrier to corruption. Its loss would be an appalling disaster.

**Without this Day we shall not keep our Civilization.** There is no doubt that health and strength – corporal, corporate, social, political, national – cannot endure apart from the Moral Law of God. The Ten Commandments, *all of them* provide the very foundation of our civilization. They are like the great chain placed around the dome of St. Paul’s Cathedral. As one complete set of links they hold the edifice together but, broken in one link, the whole is a broken and a useless chain.

**Without this Day we shall not keep our National Greatness.** God's Word and God's Day are wedded together as the secret of a nation's greatness. The proper observance of this Day is a weekly guarantee of a place for spiritual values in our National life. It was D. L. Moody who once said "Show me a Nation that has given up its Sabbath, and I will show you a Nation that has got the seeds of decay."

**Without this Day we shall not keep our Faith.** He who makes holiday of this Holy Day should read history, and lay to heart its lessons. It was the Christian Faith that secured to us this heritage for needful Rest and also for hallowed Worship. Let us then protect the Day to help preserve the Christian Faith. To fight to keep the Christian Sunday free from Secularism and Commercialism is the bounden duty of every citizen who has any regard for the highest welfare of the Community.

Will you be one to stand in the breach, to be a restorer of the old paths wherein are the good ways?" It means making Sunday a different day. A day of worship that leads to rest, a day

of rest that is consistent with our worship; a day in which we worship the Lord Jesus Christ, and not the playing-field or the market-place. The call is for men and women to keep God's Day in God's Way.

Listen to what we read in God's Word, Isaiah 58:13,14.

“If thou turn away thy foot from the Sabbath, from doing thy pleasure on My holy Day, and call the sabbath a delight, the holy of the Lord, honourable, and shalt honour Him, not doing thine own ways, nor finding thine own pleasure, not speaking thine own words; then shalt thou delight thyself in the Lord; and I will cause thee to ride upon the high places of the earth and feed thee with the heritage of Jacob thy father: for the mouth of the Lord hath spoken it.”

God is no man's debtor. Standing on God's Promises you will find ten years of Sundays all too short to utter all His praise.

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